

## **Client Bill of Rights**

You have the Right to:

Get respectful treatment that will be helpful to you, and be provided a safe environment, free from sexual, physical or emotional abuse, while you are in the psychologist's care.

Have a discussion with the psychologist about fees, billing arrangements, and the nature and anticipated course of sessions, and ask questions at any time about your therapy including questions about your progress.

Request and receive information about the psychologist's professional capabilities, including license status, education, training, experience, professional association membership, specialization and specific areas of competence.

Verify the status of the psychologist's license with the Board of Psychology and receive information about any license discipline. You can do this on the Board's Web site at [www.psychboard.ca.gov](http://www.psychboard.ca.gov). Click on "License Verification."

Be told about available alternative kinds of treatment and be given appropriate referrals if you request them.

You have the right to have a discussion about what is known regarding the efficacy of the different kinds of treatment.

Decide not to enter therapy with me. If you wish, the psychologist will provide you with the names of other good therapists.

Refuse a particular type of treatment or end treatment at any time without obligation or harassment. If your treatment was court-ordered you will still have to answer to the court.

Refuse to answer any question or disclose any information you choose not to reveal.

Keep what you tell the psychologist private. Generally, no one will learn of your conversations without your written permission. Exceptions are discussed in Limits of Confidentiality and in my Notice of Privacy Practices.

Know if there are supervisors, consultants, students, registered psychological assistants or others with whom your psychologist will discuss your case.

Expect that your psychologist will not involve you or anyone who is a close relative, guardian, or significant other in sexual intimacies.

Refuse or request electronic recording of your sessions.

Request and (in most cases) receive a copy of your records, including the diagnosis, treatment plan, your progress and type of treatment.

Report unprofessional behavior by a psychologist to the California Board of Psychology or the Ethics Board of the American Psychological Association.

Discuss your therapy with anyone you choose and receive a second opinion at any time about your therapy or about your psychologist's methods.

Receive referral names, addresses and telephone numbers in the event that your therapy needs to be transferred to someone else and to request that a copy or a summary of your records be sent to any therapist or agency you choose.